



THERE'S PLENTY OF FISH IN OUR SEA!

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Rider Student Top Chef: Fresh Catch?

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Name: Lucia Lee

Recipe Title: Fish with Mushroom

Recipe Ingredients:

- ½ lb. Fish (I prefer Salmon).
- 1 Onion, sliced
- 1 can Cream of Mushroom soup
- 1 T sherry or white wine
- 1 T grated cheese
- Pepper

Recipe Instructions

1. Set fish with sherry and sprinkle with pepper in baking dish.
2. Brown onion in oil, mix with cream of mushroom soup.
3. Pour sauce over fish and sprinkle with cheese.
4. Bake at 375 degrees for 20 minutes.