

Life Is What You Bake It!

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Name: Juliet Inforzato

Recipe Title: Low Fat Zucchini Bread

Recipe Ingredients:

Chocolate cake:

- 2 cups Zucchini
- 4 Egg whites
- 1 tsp baking powder
- 1 tsp baking soda
- 1 tsp cinnamon
- 1 tsp allspice
- 3 cups flour
- 1 tsp salt
- 2 1/4 cup sugar
- 3 tsp vanilla extract
- 1 cup applesauce
- 3 tbsp fat free milk

Recipe Instructions

1. Preheat oven to 375 degrees
2. Grate the zucchini and place in bowl
3. Combine egg whites, sugar, applesauce, vanilla and fat free milk
4. Whisk together baking powder, baking soda, cinnamon, flour, salt, and allspice

5. Combine wet and dry ingredients
6. Fold in zucchini
7. Pour in a large loaf pan
8. Bake for 40-50 minutes